



Instructor:
Master Delafield

TERMINOLOGY

To hear pronunciations go to:

<https://www.google.com/search?q=korean+to+english+translator>

- Copy the Korean Characters and Paste them in the "Enter Text" on the Korean side
 - Then click the speaker icon to hear the Korean terms pronounced
- Not all of the english translations will be correct there,
but you can at least use this to hear the correct pronunciation

Learn for White Belt Yellow Stripe (10th Gup):

- 1) Name of School ----- MiamiTown Martial Arts Ministry
 2) Name of Instructor ----- Master Delafield
 3) President of the CTA ----- Senior Grandmaster Coblentz
 4) Geuk-gi 국기 (GOOK-gee) ----- National Flag

5) Counting to 10 -----

For Test:		For Future Reference:	
1	Hona 하나	1st	IL 일
2	Dul 둘	2nd	Ee 이
3	Saht 셋	3rd	Som 삼
4	Naht 넷	4th	Sa 사
5	Da-seot 다섯	5th	Oh 오
6	Yeo-seot 여섯	6th	Yuk 육
7	IL-gop 일곱	7th	Chil 칠
8	Yeol-deol 여덟	8th	Pal 팔
9	Ahop 아홉	9th	Gu 구
10	Yeol 열	10th	Sip 십

- 6) Junbi 준비 (JOON-bee) ----- Ready Position
 7) Sijak 시작 (See-jack) ----- Begin
 8) Baro 바로 (PA-doe) ----- Return to Ready Position
 9) Ap Gubi 굽이 (Ahp-Goo-bee) ----- Front Stance
 10) Ap-cha Olligi 앞차 올리기 (Ahp-cha-oh-LAY-gee) ----- Front Rising Kick

Learn for Yellow Belt (9th Gup):

- 11) Charyeot 차렷 (Chahri-YEUT) ----- Attention
 12) Kyung-Nyeh 경례 (KEYUN-yay) ----- Bow
 13) Shult ----- At Ease / Relax
 14) Tol-dah-sult ----- About Face / Turn Around
 15) Poomsae 품세 (Poom-say) ----- Forms or Patterns
 16) Olgul 얼굴 (Ohl-ghoul) ----- High or Upward
 17) Arae 아래 (Ah-ray) ----- Low or Downward
 18) Ap 앞 (Ahp) ----- Front
 19) Dwi 뒤 (Dwee) ----- Back
 20) Momtong 몸통 (Mom-tumn) ----- Middle
 21) Yeop 옆 (Yohp) ----- Side
 22) K'ihap 기합 (Key-hahp) ----- Shout of Enthusiasm
 23) Ap Seogi 앞 서기 (Ahp-see-oh-gee) ----- Walking Stance

Learn for Gold Belt Orange Tip (8th Gup):

- 24) Makgi 막기 (MAH-key) ----- Block
 25) Olgul Makgi 얼굴 막기 (Ohl-ghoul-MAH-key) ----- High Block
 26) Momtong Makgi 막기 몸통 (Mom-tumn-MAH-key) ----- Middle Block
 27) Arae Makgi 아래 막기 (Ah-ray-MAH-key) ----- Low Block
 28) Chagi 차기 (CHA-gee) ----- Kick
 29) Ap-chagi 앞 차기 (Ahp-CHA-gee) ----- Front Kick
 30) Dwi Chagi 뒤 차기 (Dwee-CHA-gee) ----- Back Kick (Reverse Side Kick)
 31) Yeop Chagi 옆 차기 (Yohp-CHA-gee) ----- Side Kick
 32) Chigi 치기 (CHEE-gee) ----- Strike
 33) Son-nal Chigi 손날 치기 (Sawn-nel-CHEE-gee) ----- Knife Hand Strike
 34) Son-nal Kodureo Makgi 손날 거들어 바깥막기 (Sawn-nel-GUE-da-row-MAH-key) ----- Double Knife Hand Block (Assisted)
 35) Han-son-nal Bakkat Makgi 한손날 바깥막기 (Han-sawn-nel-PAH-cot-MAH-key) ----- Single Outer Knife Hand Block (Side)
 36) Dwi Gubi 뒤 굽이 (Dwee-Goo-bee) ----- Back Stance

Learn for Orange Belt (7th Gup):

37)	Do-Jang 도장 (TOE-chong)	Training Area
38)	Do-Bok 도복 (TOE-balk)	Training Uniform
39)	Jirugi 지르기 (Jer-RU-gee)	Punch (with same leg - straight punch)
40)	Ap Jirugi 앞 지르기 (Ahp-je-r-RU-gee)	Front Punch
41)	Yeop Jirugi 옆 지르기 (Yohp-je-r-RU-gee)	Side Punch
42)	Olgul Jirugi 얼굴 지르기 (Ohl-ghoul-je-r-RU-gee)	High or Upward Punch
43)	Momtong Jirugi 몸통 지르기 (Mom-tumn-je-r-RU-gee)	Middle Punch
44)	Nae-ryeo Jirugi 내려 지르기 (Nay-lee-yo-je-r-RU-gee)	Low or Downward Punch
45)	Nae-ryeo Chagi 내려차기 (Nay-lee-yo--CHA-gee)	Ax Kick (Downward Kick)
46)	Bandae Jirugi 반대 지르기 (Pon-day-je-r-RU-gee)	Punch with opposite leg (regular punch)
47)	Pyeonsonkeut 편손끝 (Pea-yon-sawn-kaht)	Spearhand
48)	Dueng Jumuck 등 주먹 (Dung-jew-moek)	Back fist

Learn for Green Belt (6th Gup):

49)	An 안 (Awn)	Inner
50)	Bakkat 밖 (PAH-cot)	Outer
51)	An Momtong Makgi 안 몸통 막기 (Awn-Mom-tumn-MAH-key)	Inner Middle Block
52)	Bakkat Momtong Makgi 밖 몸통 막기 (PAH-cot-Mom-tumn-MAH-key)	Outer Middle Block
53)	Palkeop Chigi 팔굽 치기 (Pal-gup-CHEE-gee)	Elbow Strike
54)	Palkeop Dollyeo Chigi 팔굽 돌려치기 (Pal-gup-Tawl-yo-CHEE-gee)	Turning Elbow Strike
55)	Me Jumuck Nae-ryeo Chigi 매주먹 내려치기 (May-jew-moek-Nay-lee-yo-CHEE-gee)	Downward Hammer Fist Strike
56)	Yeop Seogi 옆 서기 (Yohp-see-oh-gee)	Side Stance
57)	Kkoa Seogi 꼬아서기 (KO-ah-see-oh-gee)	Twisted Stance

Learn for Purple Belt (5th Gup):

58)	Me Jumuck Bakkat Makgi 매주먹 밖 막기 (May-jew-moek-PAH-cot-MAH-key)	Hammer Fist Block
59)	Batangson An Makgi 바탕손 안 막기 (Pa-TOUNG-sun-Awn-Mom-tumn-MAH-key)	Palm Block
60)	Batangson Ap Chigi 바탕손 앞 치기 (Pa-TOUNG-sun-Ahp-CHEE-gee)	Palm Strike
61)	Han-son-nal Bitureo Makgi 한손 비틀어 바깥막기 (Han-sawn-nel-BIT-turo-MAH-key)	Twisting Outward Knife Hand Block
62)	Dollyeo Chigi 돌려 차기 (Tawl-yo-CHA-gee)	Turning Kick / Roundhouse Kick
63)	Kwanh Jang Nim (Kwa-ja-nim)	School Owner / School President
64)	Sonbaenim (Som-ba-nim)	Senior Student

Learn for Blue Belt (4th Gup):

65)	Boem Seogi 범 서기 (Bow-EM-see-oh-gee)	Tiger (Cat) Stance
66)	Juchum Seogi 주춤 서기 (Choo-Chuhm-see-oh-gee) ALSO Juchum Se	Horse Riding Stance
67)	Gawi Makgi 가위 막기 (Gah-wee-MAH-key)	Scissor Block
Review)	Yeop Jirugi 옆 지르기 (Yohp-je-r-RU-gee)	Side Punch
68)	Dueng Jumuck Bakkat Chigi 등 주먹 밖 치기 (Dung-jew-moek-PAH-cot-CEE-gee)	Outer Back fist
69)	Bandal An Chagi - 반달 안 차기 (PAWN-dell-Awn-CHA-gee) ALSO Ah Chagi	Inside Crescent Kick
70)	Bandal Bakkat Chagi - 반달 밖 차기 (PAWN-dell-PAH-cot-CHA-gee) ALSO Bakkat Chagi	Outside Crescent Kick
71)	Mureup Chigi 무릎 치기 (Muh-leup-CHEE-gee)	Knee Strike
72)	Hecho Makgi 헤쳐막기 (Hea-cheyo-MAH-key)	Double Block
73)	Arae Utgeoreo Makgi 아래 엇걸어 막기 (Ah-ray-Ut-GUR-oh-MAH-key)	Low Cross Block
74)	Olgul Utgeoreo Makgi 얼굴 엇걸어 막기 (Ohl-ghoul-Ut-GUR-oh-MAH-key)	High Cross Block

Learn for Red Belt (3rd Gup):

- 75) Wesanteul Makgi 외산틀 막기 (whey-san-TUL-MAH-key) ----- Single Mountain Block
- 76) Santeul Makgi 산틀 막기 (San-TUL-MAH-key) ----- Double Mountain Block
- 77) Gyeorugi 겨루기 (Ja-RUE-gee) ----- Free Sparring
- 78) Ilbo Gyeorugi 일보 겨루기 (Ill-BO-Ja-RUE-gee) ----- One Step Sparring
- 79) Hosinsool 호신술 (Hoe-SEN-sul) ----- Self-Defense
- 80) Gyeuppa 격파 (JYUP-pa) ----- Breaking

Learn for Brown Belt (2nd Gup):

- 81) Ye-ui 예의 (YAY-ee) ----- Courtesy
- 82) Yom-chi 염치 (YUM-chee) ----- Perseverance
- 83) In-nae 인내 (EIN-nay) ----- Integrity
- 84) Guek-gi 극기 (COOK-gee) ----- Self-Control
- 85) Baek-jeol-bul-gul 백절불굴 (Beck-CHEUL-bull-guel) ----- Indomitable Spirit